

# Individuals & Families Leading Self-Determined Lives

JUNE 3-4, 2005 • MARRIOTT, FARMINGTON, CT

## Conference Co-Sponsors

### Platinum

- CT Developmental Disabilities Council

### Gold

- FAVOR, Inc.
- CT Department of Mental Retardation
- CT Birth to Three System

### Silver

- CT State Department of Education
- Office of Protection and Advocacy for Persons with Disabilities
- CT Department of Public Health

- CT Commission on the Deaf and Hearing Impaired
- MetDESK: Metlife's Div. of Estate Planning for Special Kids - Anthony G. Recck

### Bronze

- Exceptional Parent Magazine

### Patron

- Directions, Inc.
- Futures, Inc.
- ARC of CT
- CT Parent Advocacy Center
- Family Voices of CT

C O N F E R E N C E

# Moving Through Life Changes

FAMILY SUPPORT & SELF-DETERMINATION CONFERENCE

JUNE 3-4, 2005 • MARRIOTT, FARMINGTON, CT

CT DMR

460 Capitol Avenue  
Hartford, CT 06106



Individuals & Families Leading Self-Determined Lives

## Lodging & Directions

### Lodging at the Marriott Hotel

A block of sleeping rooms has been reserved for Friday, June 3rd for conference participants at a rate of \$99 per night plus 12% tax.

Please make your own reservations by calling the hotel at (800) 228-9290. **Reservations must be made by May 13th, 2005.** Be sure to mention the conference title *Individuals and Families Leading Self-Determined Lives* to get the special rate.

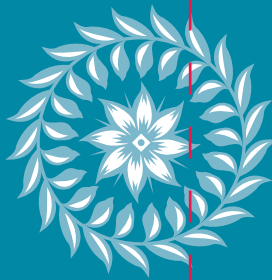
### Directions to the Marriott Hotel

**I-84 Westbound:** Take Exit 37 (Fienemann Road). At the end of the ramp, proceed straight through the traffic light, enter drive marked Farm Springs. The hotel is at the end of this drive.

**I-84 Eastbound:** Take Exit 37 (Fienemann Road). At the end of the ramp, turn left at the traffic light. At next set of lights turn right, enter drive marked Farm Springs. The hotel is at the end of this drive.

## Important Registration Information

- **PARTICIPANTS MAY ATTEND** one or both days of the conference.
- **PRE-PAID REGISTRATION** by mail is required.
- **REGISTRATION IS LIMITED** to the first 300 people per day.
- **REGISTRATION DEADLINE** is May 13, 2005.
- **REGISTRATION FEE** is 1 day \$25 or 2 days \$35.



- **A LIMITED NUMBER** of requests for reduced registration fees will be available to family members, consumers, and self-advocates only.
- **LUNCH IS INCLUDED** with the registration fee.
- **PRE-PAYMENT** of the Friday evening dinner fee of \$13 per person must be included with registration.

C O N F E R E N C E

# Moving Through Life Changes

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## Friday Conference Highlights

### Friday, June 3, 2005

**Keynote Speaker:** Sue Swenson – The ARC  
“Changing your Life, Your Critical Role in Transition, and Policy Change”

Karen Gaffney – Karen Gaffney Foundation  
“Get Moving! Moving Up and Out into Your World”

Cash Bar Reception

Light Dinner and Entertainment - Pre-Paid Registration Required

(NEAT) New England Assistive Technology Equipment Display

Exceptional Parent Magazine Library Display

Poster Displays & Vendor Tables

## Saturday Conference Highlights

### Saturday, June 4, 2005

Karen Gaffney, President – Karen Gaffney Foundation  
A non-profit organization dedicated to championing the journey to full inclusion for people with Down Syndrome and other disabilities.  
Lunch and Keynote

**Keynote Speaker:** Greg Smith – The Strength Coach  
“Strengthening America: How to Build Inner Strength and Team Strength for Peak Performance in the Game of Life”

(NEAT) New England Assistive Technology Equipment Display

Exceptional Parent Magazine Library Display

Poster Displays & Vendor Tables

\*Please be sure to turn in all your conference evaluation forms at the registration table.  
\*\*If you need assistance look for the Conference Hostesses in hot pink tee shirts.

# Topics & Workshops

## Self-Determination Topics

Self-Determination New Initiatives  
Foundation President Karen Gaffney  
Self-Advocates Leading Change  
Hiring and Managing Your Own Staff  
Supporting Health & Safety and Dignity of Risk  
Individual Plan and Guardianship  
Moving To Self Direction  
Problem Solving in Times of Chaos  
DMR's New Quality System

## Family Support Topics

Behavioral Support for Children  
Early Childhood  
IDEA Revisions  
Medication, Behavioral, Health Issues for Kids and Families  
No Child Left Behind  
Basics of Financial Resources  
Success Stories on Inclusion  
Positive Behavior Supports for Adults  
Basic Disability Law  
Respite Options  
Designing Educational Programs for Kids With Autism  
Special Needs Trusts: Metlife

## Youth Topics

Bullying  
Recreation and After School Programs  
Transition Basics  
Juvenile Justice System  
Youth Moving Out: Transition Topics  
Social Relationships and Sexuality for Youth  
Youth Leadership

## Self-Advocate Topics

Music and Self-Determination  
Visual Strategies for Individual Planning Meetings  
Building Self Advocacy Groups  
Voting, Legislative Advocacy and Public Speaking  
Respecting Diversity  
Social Relationships and Sexuality for Self-Advocates

# Agenda

## Friday, June 3, 2005

- 8:00 AM Registration and Breakfast
- 9:00 AM Opening Remarks
- 9:30 - 10:30 AM Keynote: **Changing Your Life,  
Your Critical Role in  
Transition and Policy Change**  
*Presented by Sue Swenson, Asst. Executive  
Director for Membership and Program Service  
- The ARC*
- 10:45 - 12:15 PM Session I
- 12:15 - 1:15 PM Lunch
- 1:15 - 2:45 PM Session II
- 3:00 - 4:30 PM Session III
- 4:30 - 8:00 PM Cash Bar, Food & Entertainment

## Saturday, June 4, 2005

- 8:00 AM Registration and Breakfast
- 9:00 - 10:30 AM Session I
- 10:45 - 12:15 PM Session II
- 12:15 - 1:30 PM Lunch & Keynote: **Strengthening  
America: How to Build Inner  
Strength and Team Strength  
for Peak Performance in  
the Game of Life**  
*Presented by Greg Smith, Speaker -  
Syndicated Radio Host*

*Exhibits will be open through lunch time.*

\*Please be sure to turn in all your conference evaluation forms at the registration table.  
\*\*If you need assistance look for the Conference Hostesses in hot pink tee shirts.

# Registration Form

*Please Complete Registration Form • Cut At Fold On Left • May 13th, 2005*

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

HOME PHONE \_\_\_\_\_

DAY PHONE \_\_\_\_\_

EMAIL (Optional) \_\_\_\_\_

I AM: (Please Check)

- ☐ Consumer / Self-Advocate  
☐ Family Member  
☐ Agency Employee or Support Provider

I WILL ATTEND: (Please Check)

- ☐ June 3 Only \_\_\_\_\_ \$25 Conference Fee Enclosed  
\_\_\_\_\_ Requesting Fee Be Reduced
- ☐ June 4 Only \_\_\_\_\_ \$25 Conference Fee Enclosed  
\_\_\_\_\_ Requesting Fee Be Reduced
- ☐ June 3 & 4 \_\_\_\_\_ \$35 Conference Fee Enclosed  
\_\_\_\_\_ Requesting Fee Be Reduced
- ☐ June 3 \$13 Dinner Fee per Person x # \_\_\_\_\_ = \_\_\_\_\_
- ☐ I would like to make a donation to the scholarship fund to assist families,  
consumers, and self-advocates with registration fees.

\$ \_\_\_\_\_ Donation Amount

TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

I WOULD LIKE THE FOLLOWING ACCOMMODATIONS:

- ☐ Sign Language Interpreter (~~Must Be Requested By May 13, 2005~~)
- ☐ Language Interpreter (Must Be Requested By May 13, 2005)
- ☐ Bring A Personal Assistant
- ☐ Assistance With (Please Specify) \_\_\_\_\_
- ☐ Vegetarian Meal \_\_\_\_\_
- ☐ Other \_\_\_\_\_

Please make checks payable to CT DMR. Payment must accompany registration form.

**REGISTRATION MUST BE RECEIVED BY MAY 13, 2005.**

MAIL REGISTRATION TO:

John Tierney  
CT DMR  
460 Capital Avenue  
Hartford, CT 06106

Contact John Tierney at CT DMR for additional information.  
Tel: (860) 418-6137 • Email: [john.tierney@po.state.ct.us](mailto:john.tierney@po.state.ct.us)